

# Nutrition Information

## Medium:

Serving size: 1 Tbsp (18 servings per container)

Calories: 38

Sodium: 0

Carbs: 10g

## Raspberry:

Serving size: 1 Tbsp (18 servings per container)

Calories: 38

Sodium: 0

Carbs: 10g

## Blueberry:

Serving size: 1 Tbsp (18 servings per container)

Calories: 38

Sodium: 0

Carbs: 10g

## Hot:

Serving size: 1 Tbsp (18 servings per container)

Calories: 44

Sodium: 0

Carbs: 10g

## Ghost:

Serving size: 1 Tbsp (18 servings per container)

Calories: 44

Sodium: 0

Carbs: 10g

